

# Holy Orders for the 2023 Consecration

Our time of consecration is for the first 36 days of 2023 and will include fasting, but not only fasting from food.

To fast means to abstain from or to steer clear of. For this time of consecration, we will fast from our various distractions which have proven to be forms of contamination for us.



**Inner City Prophetic Ministries** 

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### 2023 HOLY CONSECRATION

# Food Fasting

Our food fast will be 3 set days out of every week for the 5 weeks that we will be on our consecration (those specific instructions will be listed below).

**Days**: Monday - Wednesday - Friday **Time**: Midnight - 5 pm abstain from all food and artificial drinks.

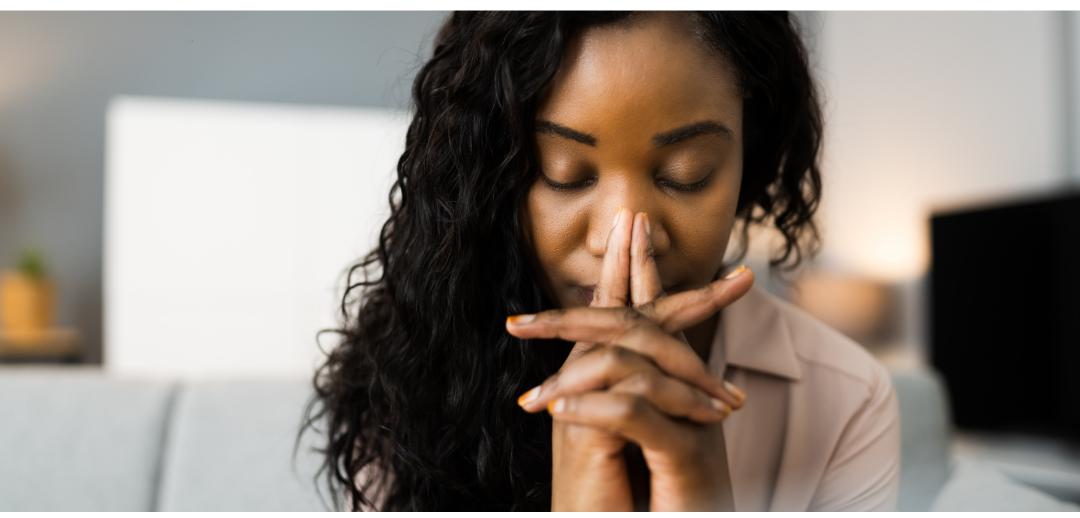
After 6 pm you will be permitted to have 1 meal for the duration of that designated day. There are no dietary restrictions to your choice of meals throughout the fast.\*

\*However if a weakness for you is sweets (or whatever that weakness may be), consider giving it up for the duration of the 36 days.

The idea is to develop an inner discipline that whenever needed you can put yourself on a fast in order to recalibrate your spirit man once again.

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#### 2023 HOLY CONSECRATION

# Speech Fasting

#### James 3:6-10 NRSV

[6] And the tongue is a fire. The tongue is placed among our members as a world of iniquity; it stains the whole body, sets on fire the cycle of nature, and is itself set on fire by hell. [7] For every species of beast and bird, of reptile and sea creature, can be tamed and has been tamed by the human species, [8] but no one can tame the tongue-a restless evil, full of deadly poison. [9] With it we bless the Lord and Father, and with it we curse those who are made in the likeness of God. [10] From the same mouth come blessing and cursing. My brothers and sisters, this ought not to be so.

**No cursing** – wishing evil or misfortune on anyone in retribution or revenge.

No cussing - profanity or foul language.

**No gossiping** - revealing personal or sensational facts about others.

The participation in a rumor mill concerning others.

**No complaining** - the expression of being discontent.

### For the duration of the fast we are to exercise discipline as it pertains to what we say.

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## Prayer Watch

Our morning prayer boosts will remain in place each morning at 7 am EST. Please dial in and participate Monday – Friday of each week during the consecration.

### (857) 216-6700 access code: 493945

### 2023 HOLY CONSECRATION

### Meditating on the Word of God

Below please find this scripture guide as a point to assist in your time of reading and meditation throughout the consecration.

Day 1: John 15:4 Day 2: Matthew 5:14-16 Day 3: Colossians 3:17 Day 4: 1 John 3:1 Day 5: 1 Corinthians 3:16 Day 6: 1 Corinthians 10:31 Day 7: Ephesians 3:17-18 Day 8: Colossians 3:16 Day 9: James 1:17 Day 10: 2 Peter 3:8 Day 11: 1 John 1:9 Day 12: 1 Peter 1:7 **Day 13**: Luke 12:25-27 Day 14: Matthew 6:34 Day 15: Mark 1:35 Day 16: Luke 8:24-25 Day 17: Luke 10:41-42 Day 18: John 4:13-14 Day 19: Luke 1:78-79 Day 20: Romans 15:4 Day 21: 1 Corinthians 2:16 Day 22: 1 Corinthians 3:12-13 Day 23: 1 Corinthians 15:58 Day 24: 2 Corinthians 3:18 Day 25: 2 Corinthians 12:7-9 Day 26: Ephesians 6:11 Day 27: Colossians 1:10 Day 28: Hebrews 11:1-6 Day 29: Hebrews 12:1-2 Day 30: James 1:2-4 Day 31: James 4:7-8 Day 32: 2 Peter 1:19 Day 33: Ephesians 5:13-14 Day 34: Romans 12:1-2 Day 35: 1 Johns 5:14-15 Day 36: Philippians 4:8



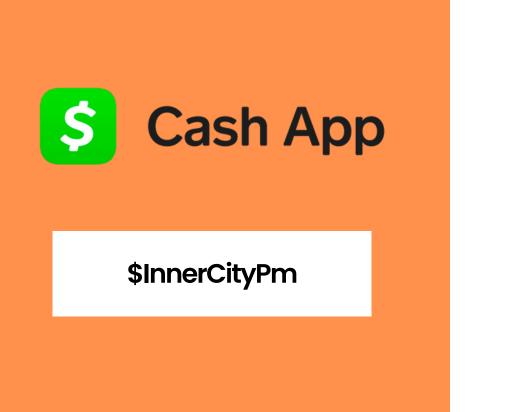






### 2023 HOLY CONSECRATION Wake and Worship

Each year as a part of our consecration we are given an instruction that gives us financial sacrifice on a daily basis. This year, I heard it clearly, "Wake and Worship!" Upon your rise, each morning, sow a seed of your own choosing into the work of God as a form of worship and sacrifice.





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